



Week: 1

Group: I Girls 5-6 year olds

Items to Remember:

- Our field trips will typically be on Tuesdays, Wednesdays and Thursdays with a few exceptions throughout the summer.
- **We are going to Altitude on Wednesday and the buses will roll at 10:00 for the campers to get the most they can from their limited time there. make sure to drop your campers off on time Wednesday.**
- Each Friday schedules will be posted online by 5PM before the following week. You can also pick up a printed schedule at the camp office.

CIS Camp Office

190 Woodward Drive
 Indian Springs Village, AL 35124
 205 - 982 - 9720

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00—9:30	MONDAY MORNING BLASTOFF	Homeroom	Homeroom	Homeroom	Homeroom
9:30—10:00	Ice Breaker	Sharks and Minnows	[Gym	[Chef School	Bubbles and
10:00—10:30	[Gaga	Heads Up/ 7-Up	Time]	at the Grill]	Sidewalk Chalk
10:30—11:00	[Pit]	[Game Room]	Coloring Contest	4-Square and Sidewalk Chalk	Musical Towels
11:00—11:30	LUNCH 11:05	LUNCH 11:25	LUNCH 11:05	LUNCH 11:05	LUNCH 11:05
11:30—12:00	[Arts &	Mystery Activity	[Play with	Load the Bus at 11:40	Freeze Dancing
12:00—12:30	Crafts]	Coloring in the	Barbies]	Going to Let's PLAY	[GAME WITH
12:30—1:00	[Story	Classroom	[Outside	↓	COACH J] IN GYM
1:00—1:30	Time]	Catch/ Kickball	Water Games]	↓	Friendship Bracelets
1:30—2:00	Trail Hike	Yoga	Clean-Up	Load up	Coloring
2:00—2:30	Break 2:00	Break 2:00	Break 2:00	Break 2:00	BREAK 2:00
2:30—3:00	Gym	Gym	Gym	Gym	AWARDS!



Week: 1

Group: I Boys 5-6 year olds

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00—9:30	<i>Monday Morning Blastoff</i>	Homeroom	Homeroom	Homeroom	Homeroom
9:30—10:00	Ice Breaker	[Chef School	Sharks and Minnows	[Play with	Legos
10:00—10:30	<i>[Arts &</i>	at the Grill]	[Game Room]	Legos]	[Play
10:30—11:00	<i>Crafts]</i>	Hippity-Hop	Heads Up/ 7-Up	<i>Freeze Tag</i>	Infection]
11:00—11:30	LUNCH 11:15	Races	LUNCH 11:15	LUNCH 11:05	LUNCH 11:15
11:30—12:00	4-Corners	LUNCH 11:35	Pictionary	Load the Bus at 11:40	MUSICAL CHAIRS
12:00—12:30	[Gym	[Play with	Duck-Duck-Goose	Going to Let's Play	[GAME WITH
12:30—1:00	Time]	Hot Wheels]	[Outside	↓	COACH J] IN GYM
1:00—1:30	[Story	[Trail	Water Games]		[Gaga
1:30—2:00	Time]	Hike]	Clean-Up	Load up	[Pit]
2:00—2:30	Break 2:00	Break 2:00	Break 2:00	Break 2:00	BREAK 2:05
2:30—3:00	Gym	Gym	Gym	Gym	AWARDS!

Items to Remember:

- Our field trips will typically be on Tuesdays, Wednesdays and Thursdays with a few exceptions throughout the summer.
- **We are going to Altitude on Wednesday and the buses will roll at 10:00 for the campers to get the most they can from their limited time there. make sure to drop your campers off on time Wednesday.**
- Each Friday schedules will be posted online by 5PM before the following week. You can also pick up a printed schedule at the camp office.

CIS Camp Office

190 Woodward Drive
 Indian Springs Village, AL 35124
 205 - 982 - 9720



Week: 1

Group: II/Girls 7-8 year olds

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00—9:30	<i>Monday Morning Blastoff</i>	Homeroom	Homeroom	Homeroom	Homeroom
9:30—10:00	Ice Breaker	[Game	<i>[Arts &</i>	Load the Buses at 10:00	[GAME WITH
10:00—10:30	[Canoeing w/	Room]	<i>Crafts]</i>	Going to ALTITUDE	COACH J]
10:30—11:00	Marcus]	Sharks and Minnows	Red Light, Green Light	↓	<i>Coloring</i>
11:00—11:30	Lunch 11:25	Hop Scotch	Lunch 11:25		Lunch 11:25
11:30—12:00	Paper Frisbees	Lunch 11:45	Bubbles	Load up	[Nature Scavenger
12:00—12:30	<i>Coloring</i>	Yoga	Hula-Hoop Games	Lunch 12:15	Hunt]
12:30—1:00	<i>In the Classroom</i>	In your room	Sidewalk Chalk	Heads Up/ 7-U	Floor is Lava
1:00—1:30	[Gaga	<i>[Gym</i>	[Play with	<i>[Chef School</i>	[Friendship
1:30—2:00	[Pit]	<i>Time]</i>	Barbies]	<i>at the Grill]</i>	Bracelets]
2:00—2:30	Break 2:10	Break 2:10	Break 2:10	Break 2:10	BREAK 2:10
2:30—3:00	Gym	Gym	Gym	Gym	AWARDS!

Items to Remember:

- Our field trips will typically be on Tuesdays, Wednesdays and Thursdays with a few exceptions throughout the summer.
- **We are going to Altitude on Wednesday and the buses will roll at 10:00 for the campers to get the most they can from their limited time there. make sure to drop your campers off on time Wednesday.**
- Each Friday schedules will be posted online by 5PM before the following week. You can also pick up a printed schedule at the camp office.

CIS Camp Office

190 Woodward Drive
 Indian Springs Village, AL 35124
 205 - 982 - 9720



Week: 1

Group: II/A Boys 7-8 year olds

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00—9:30	<i>Monday Morning Blastoff</i>	Homeroom	Homeroom	Homeroom	Homeroom
9:30—10:00	Ice Breaker	[Gaga	Hippity-Hop	Load the Buses at 10:00	[GAME WITH
10:00—10:30	[Gym	[Pit]	Races/Relays	Going to ALTITUDE	COACH J]
10:30—11:00	Time]	<i>[Arts &</i>	[Play	↓	[Canoeing w/
11:00—11:30	Infection	<i>Crafts]</i>	3-Ball]		Marcus]
11:30—12:00	LUNCH 11:35	LUNCH 11:55	LUNCH 11:35	Load up	LUNCH 11:35
12:00—12:30	Classroom Games	<i>[Capture the</i>	<i>Freeze Tag</i>	Lunch 12:15	[Play with
12:30—1:00	[World Cup	<i>Flag]</i>	[Game	4-Square	Hot Wheels]
1:00—1:30	Soccer]	[Chef School	Room]	[Play with	[Trail
1:30—2:00	Red Light, Green Light	at the Grill]	4-Corners	Legos]	Hike]
2:00—2:30	Break 2:20	Break 2:20	Break 2:20	Break 2:20	BREAK 2:20
2:30—3:00	Gym	Gym	Gym	Gym	AWARDS!

Items to Remember:

- Our field trips will typically be on Tuesdays, Wednesdays and Thursdays with a few exceptions throughout the summer.

- **We are going to Altitude on Wednesday and the buses will roll at 10:00 for the campers to get the most they can from their limited time there. make sure to drop your campers off on time Wednesday.**

- Each Friday schedules will be posted online by 5PM before the following week. You can also pick up a printed schedule at the camp office.

CIS Camp Office

190 Woodward Drive
 Indian Springs Village, AL 35124
 205 - 982 - 9720



Week: 1

Group: III Girls/ 9-10 year olds

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00—9:30	<i>Monday Morning Blastoff</i>	Homeroom	Homeroom	Homeroom	Homeroom
9:30—10:00	Ice Breaker	[Arts &	[Canoeing w/	[Gaga	[Chef School
10:00—10:30	[GAME WITH	<i>Crafts]</i>	Marcus]	[Pit]	at the Grill]
10:30—11:00	COACH J]	4-Corners	[Game	[Play	[Sidewalk Chalk
11:00—11:30	Statue	LUNCH 11:05	Room]	Mafia]	and Bubbles]
11:30—12:00	LUNCH 11:45	Load the Buses at 11:30	LUNCH 11:30	LUNCH 11:45	LUNCH 11:45
12:00—12:30	4-Square	Going to ALTITUDE	[Gym	Coloring	Name that
12:30—1:00	A-B-C	↓	Time]	[Mat Ball	Tune
1:00—1:30	Game	↓	Master in the Dark	in the Gym]	[Play
1:30—2:00	[Play	Load up	[Classroom	[Friendship	4-Square]
2:00—2:30	Hide & Seek]	Yoga	Games]]	Bracelets]	BREAK 2:25
2:30—3:00	Break 2:30	Break 2:30	Break 2:30	Break 2:30	AWARDS!

Items to Remember:

- Our field trips will typically be on Tuesdays, Wednesdays and Thursdays with a few exceptions throughout the summer.

- **We are going to Altitude on Tuesday and the buses will roll at 10:00 for the campers to get the most they can from their limited time there. make sure to drop your campers off on time Tuesday.**

- Each Friday schedules will be posted online by 5PM before the following week. You can also pick up a printed schedule at the camp office.

CIS Camp Office

190 Woodward Drive
 Indian Springs Village, AL 35124
 205 - 982 - 9720



Week: 1 Group: III Boys/ 9-10 year olds

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00—9:30	<i>Monday Morning Blastoff</i>	Homeroom	Homeroom	Homeroom	Homeroom
9:30—10:00	Ice Breaker	[Ultimate	[Gaga	[Canoeing w/	Hippity-Hop
10:00—10:30	[GAME WITH	Football]	[Pit]	Marcus]	Races/Relays
10:30—11:00	COACH J]	Wall Ball	<i>[Arts &</i>	[Zombie	[Classroom
11:00—11:30	Obstacle Course	LUNCH 11:05	<i>Crafts]</i>	Apocalypse]	Games]
11:30—12:00	Tag	Load the Buses at 11:30	LUNCH 11:35	LUNCH 11:55	LUNCH 11:55
12:00—12:30	LUNCH 11:55	Going to ALTITUDE	Sardines	Tug of War	↓
12:30—1:00	Cards	↓	Apache	[Gym	4-Corners
1:00—1:30	[Game	↓	Sardines	Time]	[Chef School
1:30—2:00	Room]	Load up	[Play	Play Infection	at the Grill]
2:00—2:30	<i>Spud</i>	Hot Potato	Wiffle Ball]	Sharks and Minnows	BREAK 2:30
2:30—3:00	Break 2:30	Break 2:30	Break 2:30	Break 2:30	AWARDS!

Items to Remember:

- Our field trips will typically be on Tuesdays, Wednesdays and Thursdays with a few exceptions throughout the summer.
- **We are going to Altitude on Tuesday and the buses will roll at 10:00 for the campers to get the most they can from their limited time there. make sure to drop your campers off on time Tuesday.**
- Each Friday schedules will be posted online by 5PM before the following week. You can also pick up a printed schedule at the camp office.

CIS Camp Office

190 Woodward Drive
 Indian Springs Village, AL 35124
 205 - 982 - 9720



Week: 1 Group: IV Girls 11-13 year olds

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00—9:30	<i>Monday Morning Blastoff</i>	Homeroom	Homeroom	Homeroom	Homeroom
9:30—10:00	Ice Breaker	<i>Coloring Contest</i>	[Zombie	[GAME WITH	[Canoeing w/
10:00—10:30	[Chef School	Load the Buses at 10:00	Apocalypse]	COACH J]	Marcus]
10:30—11:00	at the Grill]	Going to ALTITUDE	[Trail	[Classroom	[Gym
11:00—11:30	[Gaga		Hike]	Games]	Time]
11:30—12:00	[Pit]		LUNCH 11:45	Mafia	4-Square
12:00—12:30	LUNCH 12:05	Load up	Jack Pot	LUNCH 12:05	LUNCH 12:05
12:30—1:00	Card Games	LUNCH 12:25	[Classroom	[Summer	[Friendship
1:00—1:30	<i>[Arts &</i>	Paper Airplane Contest	Craft]	Bucketlist]	Bracelets]
1:30—2:00	<i>Crafts]</i>	[Game	[Board	<i>Flower</i>	Roses and Thorns
2:00—2:30	Name that Tune	Room]	Games]	<i>Arrangements</i>	BREAK 2:35
2:30—3:00	Break 2:40	Break 2:40	Break 2:40	Break 2:40	AWARDS!

Items to Remember:

- Our field trips will typically be on Tuesdays, Wednesdays and Thursdays with a few exceptions throughout the summer.
- **We are going to Altitude on Tuesday and the buses will roll at 11:30 for the campers to get the most they can from their limited time there. make sure to drop your campers off on time Tuesday.**
- Each Friday schedules will be posted online by 5PM before the following week. You can also pick up a printed schedule at the camp office.

CIS Camp Office

190 Woodward Drive
 Indian Springs Village, AL 35124
 205 - 982 - 9720



Week: 1 Group: IV Boys 11-13 year olds

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00—9:30	<i>Monday Morning Blastoff</i>	Homeroom	Homeroom	Homeroom	Homeroom
9:30—10:00	Ice Breaker	<i>Spud</i>	Jackpot	[GAME WITH	[Gaga
10:00—10:30	[Ultimate	Load the Buses at 10:00	[Chef School	COACH J]	[Pit]
10:30—11:00	Football]	Going to ALTITUDE	at the Grill]	[Game	[Gym
11:00—11:30	[Canoeing w/		[World Cup	Room]	Time]
11:30—12:00	Marcus]		Soccer]	4-Corners	Counselors Choice
12:00—12:30	LUNCH 12:10	Load up	LUNCH 11:55	LUNCH 12:10	LUNCH 12:10
12:30—1:00	Sports Trivia	LUNCH 12:25	4-Square	[Campers	Classroom Games
1:00—1:30	<i>Relay Races</i>	[County	[Arts &	Choice]	[Play
1:30—2:00	[Ultimate	Fair]	<i>Crafts]</i>	[Classroom	Wiffle Ball]
2:00—2:30	Football]	Cards	Headcatch	Games]	BREAK 2:45
2:30—3:00	Break 2:40	Break 2:40	Break 2:40	Break 2:40	AWARDS!

Items to Remember:

- Our field trips will typically be on Tuesdays, Wednesdays and Thursdays with a few exceptions throughout the summer.
- **We are going to Altitude on Tuesday and the buses will roll at 11:30 for the campers to get the most they can from their limited time there. make sure to drop your campers off on time Tuesday.**
- Each Friday schedules will be posted online by 5PM before the following week. You can also pick up a printed schedule at the camp office.

CIS Camp Office

190 Woodward Drive
Indian Springs Village, AL 35124
205 - 982 - 9720