

LUNCH MENU

camp indian springs

**MONDAY**

**MAINS**

Spaghetti Bolognese  
Garlic Texas Toast w/  
Parmesan Cheese  
Mac & Cheese

Penne (GF) & Marinara  
Sauce  
Black Beans and Rice

**SIDES**

Garden Salad  
Green Beans  
Red Grapes Cup

**DRINKS**

Lemonade  
House-Made Wildberry  
Sports Drink

**DESSERT**

Cookies with Chocolate  
Candy

**TUESDAY**

**MAINS**

Beef Soft Tacos  
Vegetarian Soft Tacos  
Cheddar Refried Beans  
Mac & Cheese

Hard Shell Beef Tacos  
House-Made Refried  
Beans  
Black Beans and Rice

**SIDES**

Garden Salad  
Oranges  
Simmered Corn

**DRINKS**

Fruit Punch  
House-Made Orange  
Sports Drink

**DESSERT**

House-Made Cinnamon  
Sugar Churros

**WEDNESDAY**

**MAINS**

Hamburgers  
Veggie Burgers  
Seasoned French Fries  
Mac & Cheese

Hamburger Patty  
Allergen Free Bun  
Hand Cut Baked French  
Fries  
Black Beans and Rice  
Simmered Corn

**SIDES**

Garden Salad  
Lemon Garlic Broccoli  
Bananas

**DRINKS**

Lemonade  
House-Made Wildberry  
Sports Drink

**DESSERT**

Brownies

**THURSDAY**

**MAINS**

Cheese Pizza  
Pepperoni Pizza  
Mac & Cheese

Vegan "Cheese" Pizza  
on Top Allergen-Free  
Crust  
Black Beans and Rice

**SIDES**

Garden Salad  
Apples  
Steamed Broccoli

**DRINKS**

Fruit Punch  
House-Made Lemon  
Lime Sports Drink

**DESSERT**

Chocolate Chip Cookie

**FRIDAY**

**MAINS**

Chicken Nuggets  
French Fries  
Mac & Cheese

Herbed Chicken Breast  
Baked Hand-Cut  
French Fries  
Black Beans and Rice

**SIDES**

Garden Salad  
Green Beans  
Green Grapes Cup

**DRINKS**

Lemonade  
House-Made Wildberry  
Sports Drink

**DESSERT**

Vanilla Ice Cream  
Chocolate Ice Cream

\*Garden Salad - Romaine, Shredded Carrots, Cherry Tomatoes, Cucumbers, Cheddar and Monterey Jack, Italian & Ranch Dressing.